**ATHLETICS CARNIVALS**

**How do they work?**

The Department of Education and Primary Schools Sports Association (PSSA) organise Athletics Carnivals at 5 levels across NSW for all 8yo-13yo.

Students are divided into three age groups:

- Boys and Girls Junior (8-10yo)
- 11yo and Seniors (12-13yo)

**Level 1**  
*School Athletics Carnival for 8yo-13yo Byron Shire Sports Grounds*

All 8yo-13yo students have the opportunity to try out for representation at the next level for the following events:

- **100m 8yo-13yo Age Race** – based on times (no heats) fastest 4 times for each age (8, 9, 10, 11, 12, 13) go onto the next level
- **200m** (Jnr, 11, Snr) - based on times (no heats) fastest 4 times for each age group go onto the next level
- **800m** (Jnr, 11, Snr) - based on times (no heats) fastest 4 times for each age group go onto the next level
- **Long Jump** (Jnr, 11, Snr) - based on 3 jumps for each child (completed at school T2, finalists only compete at the School Athletics Carnival); longest 3 jumps for each age group go onto the next level ONLY if they meet the qualifying distance
- **High Jump** (Jnr, 11, Snr) - based on 3 jumps for each child (completed at school T2, finalists only compete at the School Athletics Carnival); highest 3 jumps for each age group go onto the next level ONLY if they meet the qualifying height
- **Shot put** (Jnr, 11, Snr) - based on 3 throws for each child (completed at school T2, finalists only compete at the School Athletics Carnival); longest 3 throws for each age group go onto the next level ONLY if they meet the qualifying distance
- **Discus** (Jnr, 11, Snr) - based on 3 throws for each child (completed at school T2, finalists only compete at the School Athletics Carnival; longest 3 throws for each age group go onto the next level ONLY if they meet the qualifying distance
- **School Relays** [Jnr(8-10), Snr(11-13)] based on age races – fastest 4 times in each age group go onto the next level. (One junior and senior girls’ and boys’ relay)

N.B. House Relays- are just run at a school level – they do not go onto the next level (based on age races – fastest 4 times in each age group in each house make up the Jnr and Snr relays)

5yo-7yo hold their own 'practice' Athletics Carnival at school around the same time. This includes a 50-70m age race and other activities based on the 8-13yo carnivals.

**Level 2**  
*District Athletics Carnival (Brunswick Valley District)*

**Level 3**  
*Zone Athletics Carnival (Far North Coast Zone)*

**Level 4**  
*Regional Athletics Carnival (North Coast Area)*

**Level 5**  
*State Athletics Carnival (NSW)*