Last chance to WIN AN iPAD!!

All families who have paid their Voluntary Contribution before the end of Term 1 and have no outstanding payments owed to the school (eg Book Pack, Swimming, etc) will go into the draw to win an iPad mini!

All you have to do is make sure you have paid by Thursday 11th April.

The winner will be drawn at the end of our special ANZAC Day Assembly commencing at 10:45am on the last day of term, Friday 12th April.

All Voluntary Contributions are TAX DEDUCTIBLE

$35 for a single child, or $70 per family

Thank you for your support of our school.

Friday Assembly: There will be NO ASSEMBLY this week due to the public holiday.

Bangalow PS is a proud member of the Lighthouse Valley Learning Community

Respect ~ Responsibility ~ Personal Best

Bangalow School News

Thursday 28th March 2013

Newsletter 9

Term 1, Week 9
Dear Parents and Carers,

Remember our two main focus areas are: RAISING THE BAR and CLOSING THE GAP

- What’s best for the kids and their learning?
- Working together as a strong, mutually supportive and empowered team to ensure our kids are offered the very best education possible. As a whole school community it is important we are involved in processes that promote success and lifelong learning for ALL our students.

Harmony Day Assembly Surprise Visit

Thank you so much to Andrea McLean and all the teachers/parents who organised a fabulous Harmony Day for our students.

We learnt a great deal regarding the cultural heritage of our students at Bangalow PS. Part way through our assembly I was called from the stage to speak to the Prime Minister’s Head of Security. The Prime Minister was in Bangalow and our parents had alerted her security team to the fact that we were holding our Harmony Day assembly and asked if she could come to our school to meet with the students.

The Prime Minister arrived at the assembly at around 3pm and wished the students good afternoon. She then staged a question and answer session asking the students for ideas on how she could improve primary schools in general. Suggestions included learning languages, more books, a swimming pool and more playground equipment.

This was a great opportunity for our students to meet the leader of Australia first-hand and link theory to real life experience. Students in Y3-Y6 learn about local, state and federal government as part of their COGS units. Our Y6 class have established their own cabinet with school ministries (e.g. technology, sport, environment) working with the elected leaders in the school, the Student Representative Council. This is part of our school decision-making which also promotes a greater understanding of Australian democracy.

Many Stage 3 teachers have taken students on long school excursions to Canberra where students hope to catch a glimpse of either the Prime Minister or Leader of the Opposition, so this was a once in a lifetime opportunity.

Farewell and Thank You to Maree Jameson

It has been both a privilege and pleasure to have had Maree working at our school over the last 15 months. Maree arrived with impeccable recommendations and a long term history as a very highly regarded temporary teacher. Maree has been a wonderful caring and highly professional teacher for 1J last year and K/1J this term. Maree has also been a great member of our staff team and has enjoyed contributing to our school through dance and debating as well as classroom teaching. It is with sadness that we say thank you and goodbye yet we are filled with excitement for her in terms of her future teaching. We wish her the very best as she undertakes her permanent appointment at Lismore Heights PS.

Welcome Rikki Croft

Rikki Croft takes over from Maree Jameson on Tuesday 2 April. Rikki also comes to us with excellent recommendations and recent Kindergarten / Year 1 experience. Rikki enjoys ensuring students achieve success in Literacy and Numeracy and has also worked with dance groups, is enthusiastic and very much enjoys the creative, environmental and technological aspects of teaching. We warmly welcome Rikki to our school. Please take a moment to say hi.

Kind Regards

Susie Boyle
Principal

Safety around the school

Bangalow School has been granted the use of the Showground for our daily fitness program. We have also been given permission to close the Showground gates for the 10 minutes duration of this activity each morning. Please could all parents driving in the vicinity of the school and showground show due consideration for children who may be using the road and thoroughfare. Thank you.
Stage 3 Excursion – SYDNEY
Sunday 2nd – Friday 7th June

All Stage 3 students who are going on the Sydney excursion should now have paid $150 deposit. The next payment ($150) is due on the last day of term – 12th April. Permission notes and itineraries will go out next term. Thank you,

Susan Cox

ANZAC DAY

An ANZAC Ceremony will be held at school on Friday 12th April at 10:45am. Parents and community members are welcome. The service will be followed by a morning tea – please bring a plate of food to share. Students may bring flowers to lay during the ceremony. Many thanks,

Susan Cox

STEWART HOUSE Donation Drive

Stewart House in Sydney has, for over 80 years, been supporting children from public schools across NSW and the ACT with their residential programs. Their annual Donation Drive is on again, with all donations of $2 or greater being afforded the chance to win a $4,000 holiday to a destination of your choice. Donation envelopes will be sent home with children today. Please send any donations in to school by Friday 10 May (‘Stewart House Day’), using the envelope provided, so we can ensure your entry into the competition. The winner will be drawn at Stewart House on Friday 24 May.

Book Donations

Thanks once again to the Byron Shire Council for their donation of books to the school in recognition of ANZAC Day. Each year they donate books to the value of $40, which will be available through our school library.

Thanks also to Katrina Cavaliere for her donation of several sets of acclaimed children’s books. These will be an excellent literacy resource.

National Young Leaders Day 2013

On Wednesday 27th of March, Stage 3 SRC students went to the National Young Leaders Day in Brisbane. There was a huge variety of speakers, from an entrepreneur and a surfing scientist to the first disabled person to climb Mount Everest. Each speaker talked about different ways to be a great leader. It was a wonderful day and everyone enjoyed it. All of the SRC came back with heaps of ideas for the future. We thank Mrs Boyle and Michael Spiteri for taking us there.

By Oscar Mc

Lily S was selected to ask a question of the speaker. Here she is waiting her turn.

Mufti Day fundraising for PLASTER HOUSE

Today, the SRC held a Mufti (out of uniform) day to raise funds for Plaster House. The Plaster House is a home in Arusha for children from around Tanzania to recover in after they have had corrective orthopaedic surgery, plastic surgery or neurosurgery. The SRC selected this charity because an ex-student of Bangalow PS, Hannah Kelly, has been a regular volunteer there, which has inspired our students. Thank you to everyone who helped us raise $230 for this worthy cause.

Year 7 2014

ALL of the Year 6 students attending Bangalow PS have now been granted automatic entry into Byron Bay High School, regardless of their current residential address.

Please could all Year 6 students return their Expression of Interest form for High School ASAP, even if they are not planning on attending a public high school. Many thanks to the families who have done this already.
**Eat a RAINBOW!**

Crunch&Sip® has been very popular in our school, with students keenly awaiting their break to eat fruit and vegetables each day.

But did you know that different varieties and colours of vegetables and fruit provide different nutrients that help children to grow well and be healthy? For example a red fruit or vegetable (such as a strawberry or tomato) has different vitamins to a white fruit or vegetable (like a banana or parsnip). This is why it is a good idea to encourage your children to “eat a rainbow”!

Why not change the type of vegetables or fruit you are sending for Crunch&Sip® every few days or week? Children love crisp, colourful vegies and sweet, juicy fruit, and changing the variety makes sure they don’t get bored with the same choice over and over.

So mix up the colours for Crunch&Sip® every week!

**Munch ‘n’ Crunch – Recruiting for the fruit army**

Do you wish your kids ate more fruit? Knew the names of more vegetables? Are you passionate about encouraging more healthy eating options?

We’re looking for a few more people who are willing to donate an hour of their time every Wednesday morning at the school to prepare the fruit and vegies that Charlotte’s Market so kindly donates every week. The kids love it. They discover new tastes. They fight over capsicum and celery.

There is a lot of fruit and veg for all 10 classes. Preparing it is a huge job for one person on their own, a task for two people but an easy, sociable and charitable start to the day for three or four.

We currently need another 2 people who will commit their time so that we have enough hands to make it an easy chore and can also roster a day off occasionally for other commitments. Discover your inner fruit. Join us for Wednesday morning Munch and Crunch Prep.

Email Matt at downsouthsurfing@gmail.com if you can help out.

**SPORT NEWS**

**Bangalow PS Cricket Team**
On Monday 25th March, some of the boys from Stage 2 and 3 went down to Schultz Oval to play against Byron Bay PS in the PSSA cricket tournament. It was a great day and Bangalow won by 5 wickets. All the boys had a great day and Conor top scored, with 31 not out. Tom B and Sam C scored a great score of 13 and Charlie C 11. In the bowling, Conor got 2 wickets, Sam C got 1, Angelo R-C got 1, Luke N got 1 and Oscar got 1 for 2 over 5 overs.

*By Oscar Mc*

**MUSIC NEWS**

Congratulations to Maya C and Isabella C for their fantastic performance of ‘Someone Like You’ by Adele at the Music Marathon on 23rd March. The staff at the Conservatorium were impressed by the girls’ maturity and the supportive feeling they showed for each other on stage. They were great ambassadors for Bangalow School, well done girls. They were also interviewed by the Echo, so if you would like to read more go to [www.echonetdaily.com](http://www.echonetdaily.com), Monday 25th March and click on articles - 'Fundraiser Helps to Conserve the Con'.

*Kate Gittins*
LOST PROPERTY

PLEASE, check at the school office if your child has lost any items of clothing or small valuables. We have a number of un-named items, especially since the K-3 swimming program, that remain unclaimed. The best way to avoid the loss of belongings (clothing, bags, lunchboxes, books, etc) is to ensure that everything is clearly labelled with your child’s name.

Also, over this long weekend, could you please carefully check everything that your child has brought home to see if they have picked up another child’s belongings by mistake. It is a mystery that so many named items continue to go missing...

CANTINEEN NEWS

Thank you to all the volunteers... The Term 2 roster will commence on Friday 3rd May, so please contact Sharon (0427 668716 or rudgley@bigpond.net.au) if you could spare three hours on a Friday morning.

<table>
<thead>
<tr>
<th>Friday 29 March</th>
<th>GOOD FRIDAY</th>
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<tbody>
<tr>
<td>Friday</td>
<td>Tegan Goodey</td>
</tr>
<tr>
<td>5th April</td>
<td>Ellie Powditch</td>
</tr>
<tr>
<td>Friday</td>
<td>Tegan Goodey</td>
</tr>
<tr>
<td>12th April</td>
<td>Peta Rodger</td>
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P and C NEWS

Thank you to all members of the P&C for their work in support of our school and congratulations to the newly elected P&C executive for 2013:

President          Josh Rogers
Vice Presidents     Sue Franklin, Peter Doherty
Treasurer           Harriet Brummelhuis
Secretary           Kari Adams

Thanks also to the following coordinators for their ongoing hard work:

Canteen            Sharon Rudgley
Uniform Shop        Sarah Hanna

COMMUNITY NEWS

Beginner Hook in2 Hockey

Hockey is a fantastic Olympic team sport that is fun, exciting and easy to learn. Far North Coast Hockey is hosting a 4 week Hook in2 Hockey program in Byron Bay. The program will teach kids aged between 5-12 years of age the basic skills of Hockey including passing, dribbling & shooting. Each lesson over the 4 weeks will run for 45 minutes on a Tuesday afternoon.

The cost is $35 per child which includes 4 weeks Hockey coaching plus and equipment pack (hockey stick, ball, pop up goal, shin guards, jersey and dvd).

Date: Week 2 Term 2  
Time: Tuesdays  
Duration: 45 minutes per lesson  
4:15-5:00pm  
Period: 4 weeks  
Cost: $35 (includes equipment pack and coaching)  
Age: 5yrs-12yrs  
Location: Byron Bay Sports fields

To sign up or for more information please contact the Game Development Officer Joe at fnchockey1@hotmail.com or on 0413 642361

Are YOU a young carer?

Do YOU look after someone who has...
* long term illness?  
* disability?  
* mental illness?

Do YOU do things like...
shopping, cooking, cleaning, paying bills, help with showering & dressing, give medication & offer support

We may be able to help YOU!
The Commonwealth Respite & Carelink Centre will talk to you and your family about how we may be able to support YOU!

Freecall™ 1800 052 222*

*(Calls from mobiles charged at applicable rates)
Bangalow Public School (P.S.) is holding our annual Mad Hatter’s Derby Tea Party coinciding with the Lion’s Club’s Bangalow Billy Cart Derby on Sunday 19 May between 9.00am to 3.00pm, at our school. This has been our major P&C fundraiser for the past four years.

The Mad Hatter’s Derby Tea Party is a family haven where kids can play between derby races while families relax in comfort and safety, enjoying family-friendly activities and wholesome food.

We are aiming to raise as much money as we can at this event for our kids and our school, hopefully over the $11,000 we raised last year from both the event and associated raffle. The P&C spent this on new computers, headphones, wireless Internet, and assistance in funding an Indigenous Artists in School Grant.

How to HELP

- Keep the day free in your diary
- Sell raffle tickets (each family will get tickets before April school break)
- Please ✔ where you can HELP (cakes and books were winners last year)

I have a new idea for the event ☐ yes

I can help sell raffle tickets at the Farmers’ Market ☐ yes

I can help bake cakes, slices / make chutneys ☐ yes      Idea: bake and freeze now 😊

I can donate books to the book stall ☐ yes       Note: start collecting now 😊

I can help paint faces ☐ yes

I can work on a stall on the day ☐ yes. Note: 2-hour blocks (7.00am to 5.00pm) _______

I can help set up the grounds before the event (7.00am – 9.00am) ☐ yes

I can help dismantle the event (after 3.00 – 5.00pm) ☐ yes

Name: __________________________
Email: __________________________
Phone: __________________________

Return to School Office or email: amanda.chadwick@bigpond.com
Hi Everyone,

Finally we have found someone who is competent, tenacious, intelligent and passionate about food to take on managing the cook book. The previous guy doing it thought that just because he was the P&C Pres he’d be alright but he was a dud, so we’re firing him!

Please welcome Lara Hayes as President of the Cook Book Sub-Committee. Lara grew up and went to school in Byron Bay (we’ve forgiven her for that one!) and Lismore. She grew up in a food focused family which is why she probably ended up working as a private chef in the US for some of the world’s richest people for over 10 years. Sick of hobnobbing with the glitterati (and something about wanting to also be with her husband who now works locally) she moved back to Bangalow recently with her three children.

I’ve been working with Lara for the past couple of weeks now and I want to let you know things have moved far and fast. Expect to see a lot happen in the cook book space very soon.

We also desperately need your partnership. This means doing stuff.

Please submit your favourite old aunt’s best recipe or the one you serve when your in-laws come around so they’ll forget their darling child had children with you, or even the recipe you make three times a week because it’s the only thing your kids will eat. Yes, you will need to write them down or scan them if you can and then email them to Lara.

You can contact Lara on her email: larafleurhayes@gmail.com.

Thanks for everything,

Josh Rogers
Bangalow Public School P&C President

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Students in 3A have enjoyed having prac teacher, Kaye Edwards, working with them in the classroom over the past few weeks...
The Challenge of Disciplining Your Child

...assists parents with constructive techniques in disciplining and encouraging their children

Assists parents to:

- understand what positive discipline means and how to set clear boundaries that children respect and learn to appreciate
- use conflict as a tool to improve relationships
- use tips and hints on different discipline techniques

Dates: Wednesday 17th & 24th April
Time: 10am – 1pm
Venue: Ground Floor, 5 Market Street Lismore
Cost: $40 /$20 (concession)

More information

02 6623 2750
lismore@interrelate.org.au

www.interrelate.org.au

Strengthening Family Relationships...since 1926